

# ADOPTION UK TRAINING

Adoption UK are pleased to announce that due to the generous funding given by BBC CHILDREN IN NEED, we are able to offer adoptive parents and long-term foster carers a range of one-day workshops and the unique opportunity to take part in our well known 'It's a Piece of Cake?' parent support programme.

**ALL OF OUR TRAINING IS DELIVERED BY ADOPTIONUK TRAINERS, WHO ARE ALSO EXPERIENCED ADOPTIVE PARENTS.**

## TELLING ABOUT ADOPTION – Life Story Work

*Life story issues affect every single adoptive family, and a child's history and development can be crucially linked to their identity and self-esteem.*

*This workshop explores practicalities, resources and potential difficulties in life story work, and helps you to form strategies appropriate to your child's age and circumstance.*

**LONDON**

**11 July 2009**

**SHEFFIELD**

**19 September 2009**

## PARENTING ADOPTED TEENAGERS

*This workshop is designed to support and empower adoptive parents and foster carers in understanding and addressing these issues. Parents will be given an insight into general adolescent development and the search for identity. Common warning signs that suggest serious emotional or behavioural difficulties are also highlighted, and the issue of control in relation to the older child is discussed.*

## PARENTAL SUBSTANCE MISUSE

*This workshop is aimed at those who are caring for an adopted or fostered child. It provides information on the physical and behavioural effects on children whose parents misused drugs, alcohol and tobacco during pregnancy and the possible long-term implications for the child. It helps participants to develop strategies for the care of children affected by parental substance misuse in the home, school and the community.*

**CARDIFF**

**14 November 2009**

## It's a Piece of Cake? coming to **READING**

**Have you parented an adopted or fostered child for a minimum of 12 months?**

**Would you like insights into why your child behaves the way he or she does?**

Adoption UK developed the 'It's a Piece of Cake?' parent support programme because of the vital need for adopters and foster carers to understand their children's early experiences, and the severe and ongoing effects that early trauma can have on a child's behaviour and development. This parent support programme, starting in the autumn, consists of six modules, each of which balances theory with practical exercises in a participative and interactive environment. You would need to attend all six modules, ideally with your partner if you have one. (We hope to help with childcare arrangements where this lets you both attend). **The Six Modules are:**

**EXPECTATIONS, REALITIES AND LOSS**

**ATTACHMENT**

**CLAIMING AND BELONGING**

**TRAUMA AND ADAPTIVE BEHAVIOUR**

**REWIRING**

**THE LAST PIECE OF CAKE**

**For further information, bookings or to request a pack for It's a Piece of Cake? please contact:**

**If Parents: Abi Jeffs, Tel: 01295 752 969**

**If Agencies: Bob Barnes, Tel: 01228 560 075**

**Or Email: [training@adoptionuk.org.uk](mailto:training@adoptionuk.org.uk)**

Thanks to Children in Need for their generous funding, we can now offer the opportunity of attending our open workshops and our 'It's a Piece of Cake?' parent support programme for:

	<b>AUK member</b>	<b>Non AUK Member</b>
<b>Workshop</b>	<b>£ 40.25</b>	<b>£ 51.75</b>
<b>Piece of Cake?</b>	<b>£ 97.75</b>	<b>£ 97.75</b>

All Prices are per person and **inclusive of the new 15% VAT**  
Price includes; refreshments, light lunch and workshop materials.  
**For parents in receipt of certain state benefits, we operate a Bursary scheme with further reductions on the above prices.**